



**K.RAMAKRISHNAN
COLLEGE OF ENGINEERING**

An Autonomous Institution

Permanently Affiliated to Anna University Chennai, Approved by AICTE New Delhi,
ISO 9001:2015, 14001:2015 certified institution, Accredited by NBA and with A grade by NAAC

Samayapuram, Tiruchirappalli – 621 112, Tamilnadu, India.



DEPARTMENT OF INFORMATION TECHNOLOGY

&

AICTE SPICES SPONSORED EVS CLUB

Jointly organizes Webinar on

"Live Long with Millets"



Resource Person
Mrs.K.Aishwarya

Holistic Dietician &
Classical acupuncturist

Date:- 27/11/2022 | Time:- 4:00pm to 5:00pm

Day:- Sunday

Google meet link :-<https://meet.google.com/ofl-rcmy-srp>

Mrs.R.Kamalitta
Co-ordinator

Mrs.R.Thamaraiselvi
Overall Co-ordinator

Dr.S.Manikandan
HoD-IT

Dr.D.Srinivasan
Principal

Dr.S.Kuppusamy
Executive Director

Dr.K.Ramakrishnan
Chairman



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(Approved by AICTE & Affiliated to Anna University) Samayapuram

Tiruchirappalli - 621 112

DEPARTMENT OF INFORMATION TECHNOLOGY

AND

AICTE SPICES SPONSORED EVS CLUB

Report of Webinar on

Live Long with Millets

DATE: 27.11.2022

The Department of Information Technology and AICTE spices sponsored EVS Club organized webinar on "Live Long with Millets" on 27.11.2022 from 4 PM to 5 PM. The Chief Guest Mrs.K.Aishwarya Dietician delivered the speech on Live Long with Millets in webinar. The event was coordinated by Mrs.R.Karnalitta, Assistant Professor, IT Department.

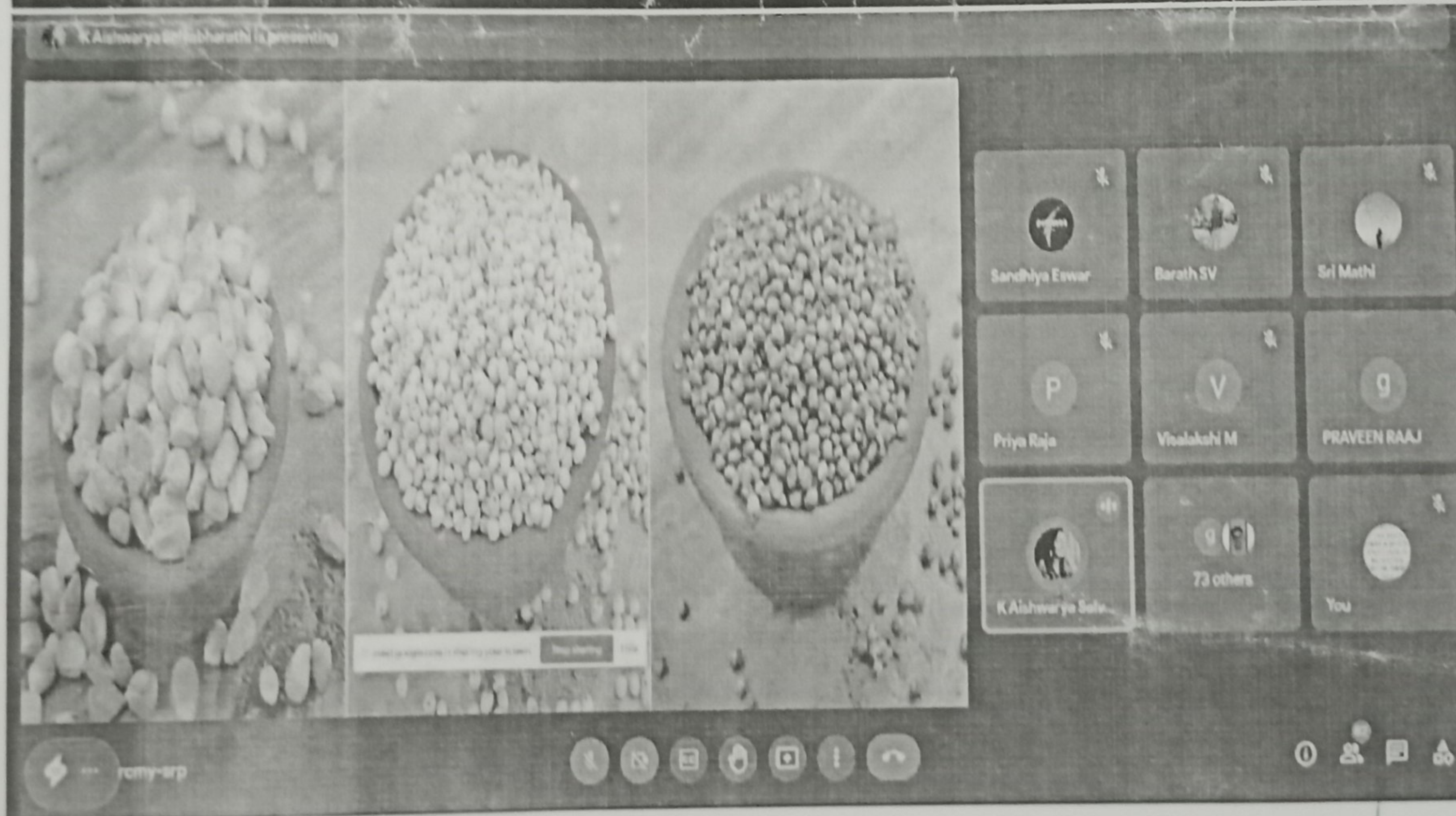
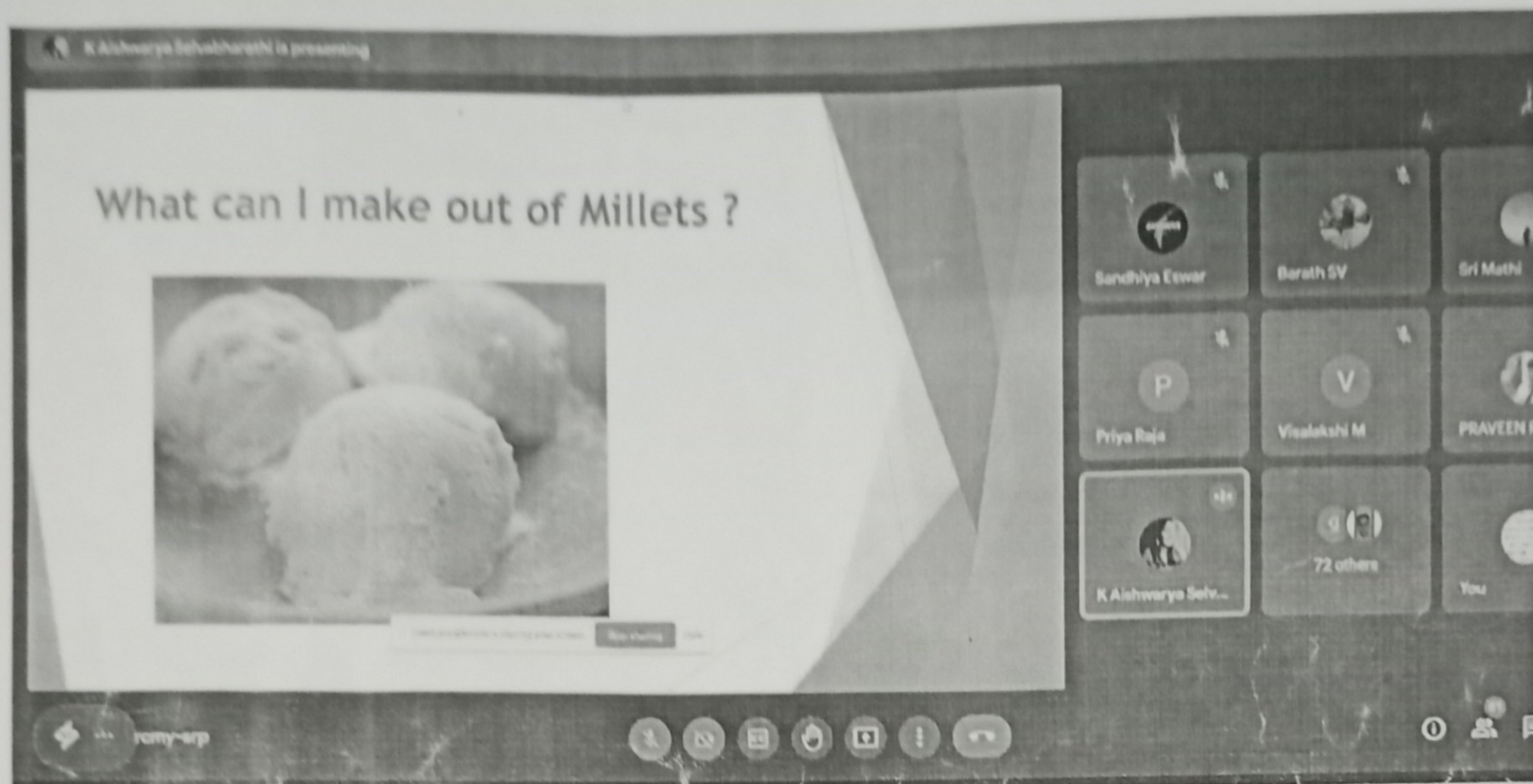
The webinar is conducted through Google meet platform, around 90 students attended in this webinar. The Chief Guest Mrs.K.Aishwarya, addressed Millets and its uses. She briefed about the various millets available in market and its health benefits. She also explained how to heal diseases using millets. She described about how to cook and which kind of millet used when and how much quantity we will take. She also illustrated the diet benefits of millets to create a body strong.

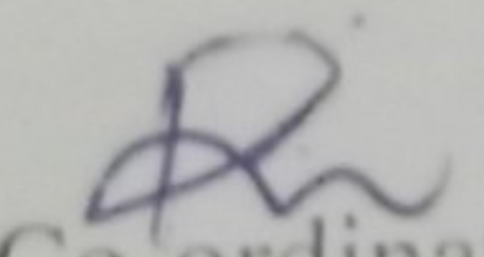
The students and faculty members were more benefited and enjoyed the session and it was an interesting session to know how to keep our body healthy and strong without medicine and get new ideas for maintains their body fitness. The event was started with the Chief guest introduction given by Ms.S.Swathi III year IT, welcome address by Mrs.R.Kamalitta, Assistant Professor of IT department and proposed vote of thanks by Ms.R.Abinaya, III year IT.

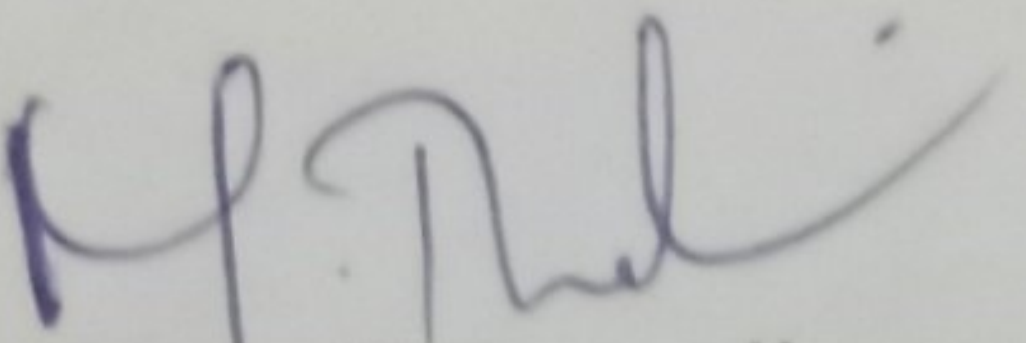


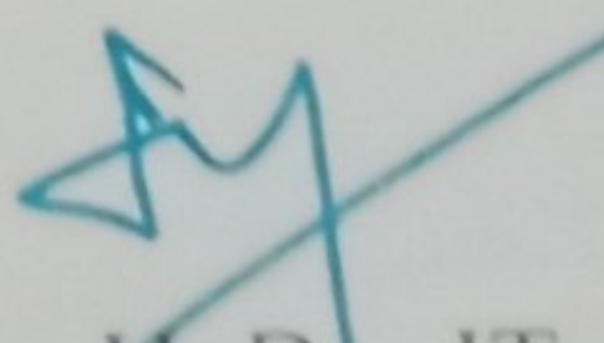
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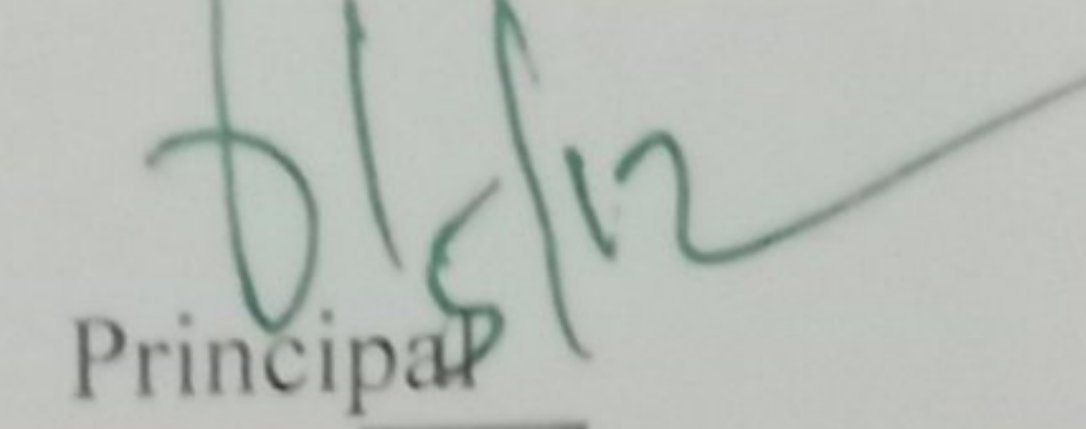
Webinar Photos




Co-ordinator


Overall Co-ordinator


HoD - IT


Principal
KRCE 3